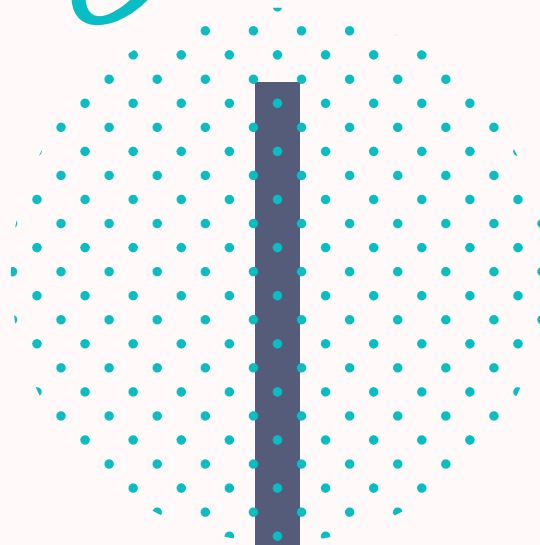


FASD

AWARENESS DAY

Guide



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with the support of:
The London FASD Caregiver and
Parent Advisory Committee (CPAC)
and





SEPTEMBER 9TH IS INTERNATIONAL FETAL ALCOHOL SPECTRUM DISORDER (FASD) AWARENESS DAY

This guide is a quick reference for ideas and resources you can use to inform yourself and others about FASD and to provide support to those affected by it.

Below are links to reliable information and tools to use when planning FASD day events.

www.canfasd.ca/fasd-awareness-month/


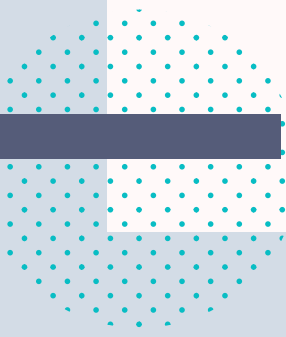
Canada FASD Research Network
FASD Awareness Month Toolkit

www.fasdinfectsaf.ca

Your source of accurate, up-to-date FASD information for Ontario.
Includes a schedule of FASD awareness month activities and events.

en.healthnexus.ca/FASDSupportGroups

For information about the provincial FASD Family/Caregiver Support Group Project.





WHAT YOU CAN DO TO HAVE A POSITIVE IMPACT ON THE OUTCOME OF INDIVIDUALS AND FAMILIES AFFECTED BY FASD

Choose to take training in FASD.

Consider FASD in complex cases.

Implement FASD-informed practice.

Use a brain-based approach.

Use a strength-based approach.

Seek and advocate for diagnosis.

Advocate for FASD informed services.

Use consistent, person first language.

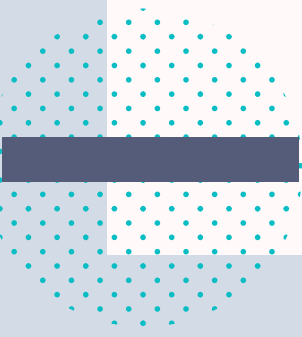
Tell one other person about FASD.

Support local efforts and events on FASD day





WHAT YOUR AGENCY CAN DO TO RAISE AWARENESS ABOUT FASD AND TO SUPPORT INDIVIDUALS AND FAMILIES AFFECTED BY IT

1. Send out an agency wide email with facts about Fetal Alcohol Spectrum Disorder.
 2. Give a mini-training covering fast facts about FASD.
 3. Invite a parent, caregiver, youth or adult affected by FASD to speak at your agency.
 4. Invite a professional to provide training to your agency about FASD.
 5. Contact your clients affected by FASD to offer encouragement and support.
 6. Create policy in your agency to be FASD inclusive and aware, and to provide supports and accommodations.
 7. Create an online campaign in support of FASD awareness, including FASD facts, and showing support for the FASD community,
 8. Encourage employees to wear red shoes in support of FASD awareness.
 9. Hold a viewing of an informative video about FASD.
 10. Set up a web page outlining the FASD geared services that your agency provides.
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